

Holy Spirit Mission and Immersion Trip to Nicaragua Frequently Asked Questions, 2011

Before you go

Important paperwork

Important documents must be given to the Planning Committee including:

Emergency Medical Release

Code of Conduct

Parental Consent Form (if under 21 and not travelling with parent)

Travel

Frequent flier miles

We encourage everyone to opt into the group flight for ease of logistics and community-building. If you opt into the group flight, you cannot use frequent flier miles. If you opt out of the group flight, please notify the Planning Committee so that they can coordinate travel times with you.

Passport

You will need a passport that is valid until at least February 13, 2012. Apply for a passport NOW it will take approximately 4 weeks to receive it. More information can be found at -

http://travel.state.gov/passport/passport_1738.html

Safety

You will be safe on the trip. We fly into Managua, Nicaragua's capital, and are taken directly to Chinandega by buses provided by our hosts. We stay together at a comfortable guest house in Chinandega and are transported to our work sites together every day by bus.

Language

You do not need to be able to speak Spanish. There will be several translators with Amigos for Christ and the Holy Spirit group. We will also be practicing some basic Spanish prayers and songs in preparation for our visit.

Accommodations

Food

They serve buffet style foods such as rice, beans, meat / chicken / fish, and salad. They know how to cook for groups from the U.S. and use purified water. For lunch, we pack peanut butter and jelly sandwiches. Alternative meals can be packed and you can bring snacks to supplement your diet.

Laundry

Washing machines and laundry detergent will be provided for your use if necessary but plan on bringing enough clothing for the week.

Sleeping arrangements

We will sleep together in a dormitory setting at the guest house in Chinandega.

Medicine**Medicine to bring**

Your everyday prescription medications. Bring enough for the entire trip. Keep them in their prescription bottles and pack them in your carry-on.

Vaccines to take before the trip

You will need to be current on all your “routine” vaccinations such as MMR and tetanus. Consult your doctor or a doctor who specializes in Travel Medicine for recommendations for specific vaccines and medicines. One local Travel Medicine practitioner can be found at <http://www.travelmedicineclinic.net>. More information about medical requirements for visiting Nicaragua can be found at the CDC’s website <http://wwwn.cdc.gov/travel/destinationNicaragua.aspx>